

A PERFECT DAY IN... Stockholm



OVERVIEW:

Stockholm, one of the most beautiful capitals in the world, is built on 14 islands connected by 57 bridges. The buildings, cutting-edge design, hip style, the fresh air and the proximity to the water are distinctive traits of this city. Ekoparken, the first National City Park in the world, is a green space that breathes for the city, and a constant presence in the crush of the city. With its 750 year history and rich cultural life, Stockholm offers a wide selection of world-class museums and attractions. Most of the city's attractions can be reached on foot, and there's a good chance of experiencing a lot of things in a short time. Experience big-city life, the history of civilization and natural scenery, all in the course of the same day.



START YOUR DAY: **DROP COFFEE**

Sip a latte at Drop Coffee, rated the 3rd best coffee shop in the world.

MORNING ACTIVITY: **THE VASAMUSEET**

Get here as early as possible as this is the top tourist attraction in the city. It should definitely be at the top of your list of what to do in Stockholm!

The Swedish warship Vasa was supposed to be the flagship of the Swedish naval fleet. It sank on its first voyage out of Stockholm harbor in 1628 and there it sat, preserved by the cold, brackish waters until it was salvaged in 1961. The restoration work that has been done on the ship is absolutely remarkable.



MID DAY EATS: **HÖTORGSHALLEN**

Stockholm's best indoor food market, Hötorgshallen boasts an array of traditional Swedish and international food stalls. Take a stand-up lunch with a long-cooked Turkish ox tongue burger, a halal lamb sandwich, or Swedish comfort classic dishes at Saluplats Husman.

AFTERNOON ACTIVITY: **EXPLORE GAMLA STAN**

The old town in Stockholm. Complete with cobblestone streets, beautifully bright buildings contrasted against a usually grey sky – this neighborhood has a Scandinavian charm that you'll love. Stop for a coffee and pastry at one of the many cafes. Going for a Fika is a very Swedish thing. Though difficult to translate it basically means to meet up for a coffee and a piece of cake or pastry. Sweden enjoys a highly developed culture when it comes to baked goods, and everywhere in Stockholm you'll find cafes and cake shops brimming with atmosphere, character and quality, whether traditional or contemporary-creative. Afterwards, consider spending time at the Noble Museum, which is located in Gamla Stan.



TIME TO DINE: **DEN GYLDENE FREDEN**

This is a Guinness World Records dining spot, as it is the world's oldest restaurant with the same surroundings. Since 1722, the kitchen has been cooking traditional Swedish cuisine, including smoked reindeer, meatballs and herring. High ceilings, long wooden tables, soft lighting, wooden floors, allow the guest to feel the history of the ancient Stockholm and appreciate the smells and tastes of the traditional strong and intense flavors of Swedish dishes.



LATE NIGHT FUN: **ICE BAR**

The Ice Bar in Stockholm is one of those slightly overpriced experiences that you want to have once, but might not ever do again. Best to make a reservation beforehand, as it only fits 20 people at a time.

A note from Bri:

One of my favorite things to do in Stockholm is soak up the energy of the city from a great cafe, and enjoy a great cup of coffee and delicious pastry. It's something you can do either on your own or with friends. Going for a Fika is a very Swedish thing. Though difficult to translate, it basically means to meet up for a coffee and a piece of cake or pastry. Sweden enjoys a highly developed culture when it comes to baked goods, and everywhere in Stockholm you'll find cafes and cake shops brimming with atmosphere, character and quality. I can't think of a better way to spend a few hours! If you want help building a trip that is tailor-made just for you, Milk + Honey Travels would be happy to help!





HÖTORGSHALLEN



ICEBAR STOCKHOLM



GAMLA STAN



DEN GYLDENE FREDEN



VASA MUSEUM



DROP COFFEEHOUSE

