

milk +  
honey  
TRAVELS

a perfect day in  
LONDON





# ABOUT LONDON

We hope this gives you a start on planning an incredible trip to London. The UK's iconic capital city is an intriguing mix of centuries-old and modern, traditional and hipster chic, with independent boutiques and cool cafés alongside big high-street brands. Whether you're looking for a shopping break, history lesson, cultural trip, or a mix of all this and more, you'll find it in London.

## facts

Population: 8.7 million | Country: United Kingdom

Language: English | Nickname: The Big Smoke

Noteable Landmarks: Big Ben, Buckingham Palace, Westminster Abbey, Tower Bridge







1

## START YOUR DAY **Granger & Co**

Go for the ricotta pancakes with bananas & honeycomb butter (they're the most popular dish) but stay for the flat whites and enviable people watching at the location in gorgeous Notting Hill on Westbourne Grove. PS - A close runner up is the sweetcorn fritters with avocado salsa.







2

## MORNING ACTIVITY

### Hyde Park and Kensington Palace

If you happen to be in Notting Hill on a Saturday head from Granger to the Portobello Road Market just down the street to bring home the perfect antique or souvenir. Otherwise, grab the tube or hop on a Santander bike and head up to Hyde Park & Kensington Palace to try to sneak a glimpse of Prince William, Kate & the kids.







3

## MID DAY EATS

### Ceru

Walk from Kensington Palace down to South Kensington; admiring the gorgeous homes & embassies along the way. End up at Ceru, an Eastern Mediterranean spot specializes in street food style snacks as well as wholesome Turkish cuisine and sharing platters. If you're making a daytime stop, you can enjoy the brunch menu at weekends, or the lunch selection during the week.







4

## AFTERNOON ACTIVITY

### Churchill War Rooms

Started to drizzle? It is London after all! Jump on the District Line at South Kensington and hop off at St. James Park to walk the 5 minutes to the Churchill War Rooms - one of the five branches of the Imperial War Museum. Step back in time and learn about Britain's part in WWII and the life & legacy of Winston Churchill as you walk through the cabinet war rooms originally constructed in 1938.





5

## TIME TO DINE Anglesea Arms

What's a trip to England without a pub dinner? It's hard to go wrong but one of my favorites is the Anglesea Arms - just down the street from Charles Dickens' home. If the night is warm enough sit outside at their beer garden on the historic old street. Grab a pint and some fish & chips to recover from your day in London!







6

## LATE NIGHT FUN The Pembroke

For a nightcap head to The Pembroke, a gastropub just a 15 minute walk from the Anglesea Arms. This historic public house has a great bar along with an upstairs lounge that includes sofas and slouchy arm chairs and best of all a secret roof garden!







## a note from bri

Many first-timers to London get caught up in the well known museums, monuments & landmarks. While all of those are beautiful and worthwhile, make sure you take some time to just wander down London's streets. It's hard to go wrong in any neighborhood - you'll find great food, history, culture & British-isms wherever you turn. For a memorable London experience, be sure to contact Milk + Honey Travels to create a unique itinerary for you!