

milk +
honey
TRAVELS

a perfect day in
PARIS



ABOUT PARIS

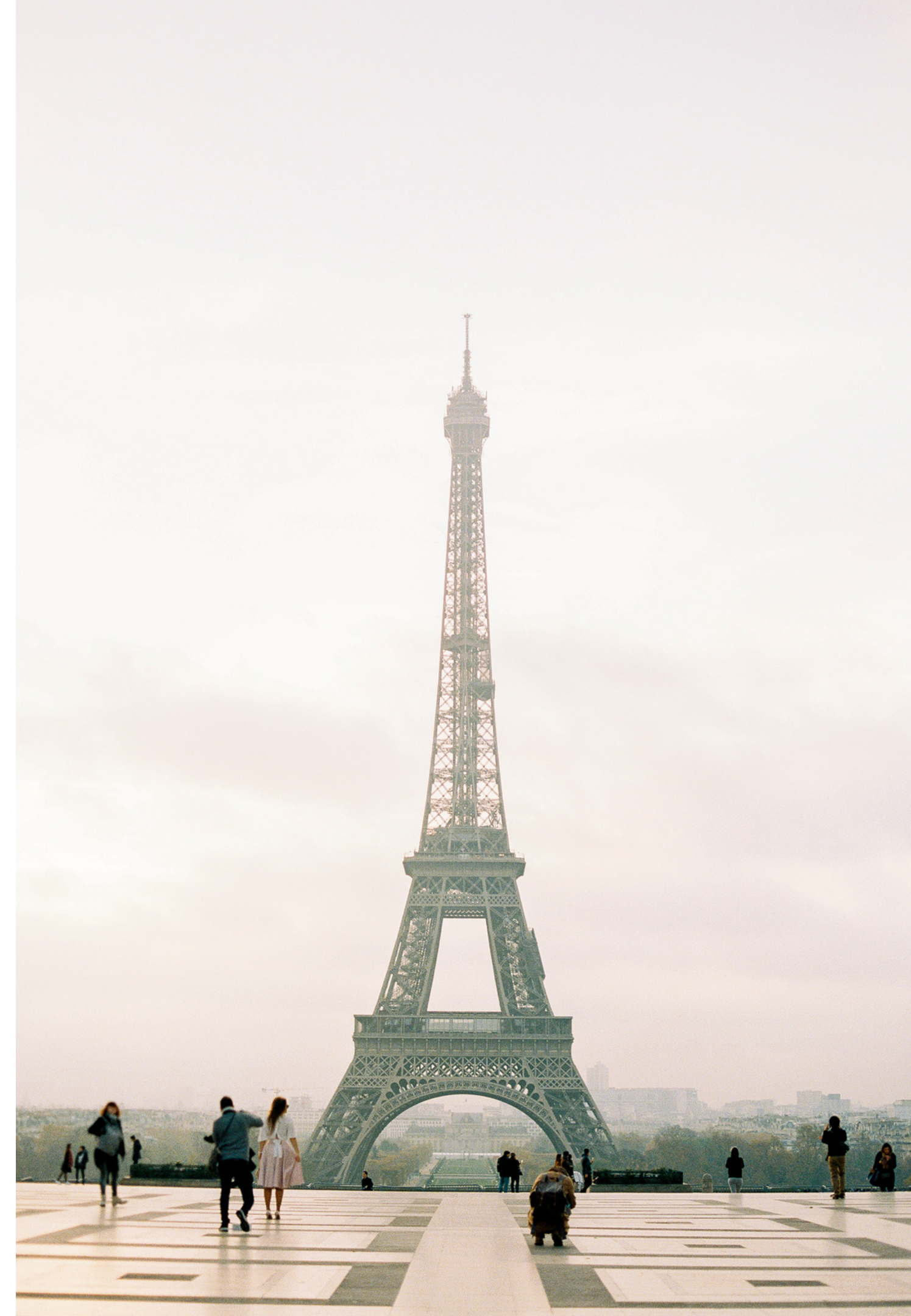
Paris. Oh, Paris. I am not the first person to fall in love with this city, nor will I be the last. It has inspired the world's best poets and writers, given birth to some of the greatest art the world has ever seen, and it is home to some of my favorite things in the world— namely croissants, red wine, french fries (I know, I know -- these were invented in Belgium, but roll with me.) It is the perfect blend of modern and history, with just the right amount of class and sophistication. What is there NOT to love about the city of light?

facts

Population: 2.2 million | Country: France

Language: French, English | Nickname: City of Lights

Noteable Landmarks: Eiffel Tower, Notre Dame Cathedral





1

START YOUR DAY **Polaine**

Bakeries in Paris are the perfect way to start of your sweet adventure. A friend of mine mentioned this place to me as having the Best. Bread. Ever. and so when I stumbled upon it my first morning in Paris, I knew I was home. I loved it so much I went back multiple times during my last trip to Paris.





2

MORNING ACTIVITY

Explore Paris hot spots

Start your day with a visit to the beautiful gothic church, Notre Dame. If you get here early, this will be the best time to avoid the lines and climb the bell tower, which opens at 10am. There are 387 steps to reach the bell tower, so be in decent shape if you want to tackle this, but the views will be rewarding.

Next you'll head down Rue de Rivoli towards the Louvre. Today is just about seeing the exterior and admiring the gorgeous architecture found here. You can also easily cross the street to get a look at the Palais Royale and the beautiful courtyard as well.

Continue your stroll through the Jardin des Tuileries. This garden has a royal feel to it, and is expansive and neatly laid out. One of the best parts of Paris are the beautiful gardens you find throughout the city. They are the perfect compliment to have moments of peace outside the hustle of Parisian streets.





3

MID DAY EATS

Anjelina

Located adjacent to the Tuileries Gardens, this is a spot that will probably be full of tourists. Go anyway. It's the most expensive cup of hot chocolate you'll probably ever see. Order it anyway. I'm not usually going to recommend the most touristy thing possible, but this is a mainstay of Paris that I think is worth indulging in. This is also where Audrey Hepburn used to sip hot chocolate, so you are in good company.

Bri's Tip: If you are looking for a more off the beaten path lunch spot head to Marché des Enfants Rouge, a hidden Parisian food market full of stalls that offer all different types of cuisine in the Marais.





4

AFTERNOON ACTIVITY

Shopping + Exploring Les Marais

This neighborhood is an excellent place to discover creative little boutiques selling up and coming labels and little Parisian classics to complete that effortless low-key Parisian bohemian look. They certainly made me a fan and a customer. Make a point of finding the Merci concept store, that features a great variety of goods, from interior design to fashion, two cafes and one restaurant. You can unwind in the cafe of the second-hand bookstore, and rest your feet a bit before continuing on with your day.

There are also some fantastic museum choices if you stay in the Marais, such as the newly opened Picasso Museum, Carnavalet, or Centre Pompidou.





5

TIME TO DINE **Frenchie**

This small, intimate restaurant is known to be one of the toughest tables to get a reservation at in all of Paris. The few times I have reserved for clients took a lot of patience and expertly timed phone calls, but in the end it was worth it. Divided into categories such as meat, fish and antipasti, with two or three small plates on offer for each, the menu encourages nibbling and sharing. If you lack the superhuman effort required to secure a table in the tiny dining room, there is Frenchie Bar à Vins across the street, where you can sample his Anglo-influenced take on bistro cooking without a reservation.





6

LATE NIGHT FUN **Serpent A Plume**

At number 24 of the Place des Vosges hides one of the best – and most secret – speakeasies in Paris. To enter the Serpent A Plume, you must go through the clothing store and take the stone staircase leading to the basement. Overseen by Alexander Keyes Rash, this cocktail bar is infused with the atmosphere of the 1970s, with retro decor by Vincent Darré. You will be surrounded by white vinyl sofas, Jean Rayère wall decorations, green velvet padded alcoves and Aztec sculptures from vintage auctions. Moreover, some evening events might even feature the jacuzzi nestled under the stairs.





a note from bri

The best tip I can give to people visiting Paris is to make the trip about the type of experience you enjoy. Don't get caught up in all the things you think you "must-see". You don't have to spend hours in the Louvre, just because it's the Louvre. You are free to skip it and just take photos from the outside. :)

I could go on and on about what I love about the city, but what I hope to do is help you figure out how to make your trip there amazing. If you are looking for help planning the perfect Parisian experience for you, please contact me.